The **Race More for Macemore 5k** (3.1 miles) will begin and end at Yadkinville United Methodist Church, Hemlock Ave. The 5k is a relatively flat course through the heart of the Downtown area of Yadkinville, NC.

PACKET PICKUP

Packet Pickup will be Friday January 25, 2013 from 5:30-7:00 p.m. at Yadkinville United Methodist Church **OR** you may pick up your race packets from 7:30-9:00 a.m. race day at Yadkinville United Methodist Church.

RACE/WALK SCHEDULE

- 5k begins at 10 a.m.
- Awards Ceremony to begin at 11:30 a.m.

Awards given for Overall, Masters & Age groups

No Duplicates. No mailing of awards.

*This event is in honor of **Austin Macemore**, son of Teena and Wayne Macemore of Yadkin County. Austin won his first battle with cancer as a small child. Now, at age 19, he is in another **race** against cancer.*

RACE MORE FOR MACEMORE
5K RUN/WALK

FEES

Pre-Register by January 21, 2013	**$25.00**
Register Race Day (Ends – 8:30 a.m.)	**$30.00**
Students (3rd – 8th grade)	**$15.00**

(Online / Mail-in Registration ends January 21st)

5k fees include a T-shirt & goodie bag

T-Shirt & Goodie bag guaranteed to those who register early only

★★★ REGISTER EARLY ★★★

Pre-Registrations must be received by January 21, 2013.

Entry fees are non-refundable

Unclaimed packets will **not** be mailed to entrants

REGISTER ONLINE

To print additional entry forms or link to an online registration site, go to www.twincitytc.org and click on "Race Information", "Race Calendar" then "Race More for Macemore"

(Online Registration ends Jan 21st)

REGISTER BY MAIL

Mail the attached registration form and your check made out to **Race More for Macemore** to:

Race More for Macemore
c/o Union Grove Baptist Church
2401 Nebo Road
Yadkinville, NC 27055

For additional information contact:

Brent Winslow at (336) 679-7562 or ugbcyouth@yadtel.net

Rob Snyder at (336) 679-2705 or robsnyder@triad.rr.com

Cut Here

One form per entrant, copies accepted

Name: _____

Mailing Address:

_____

_____

_____

Phone: _____

Email: _____

_____

(For race day results, include your email address)
Results posted at www.twincitytc.org

Birth Date: _____

Age on 1/26/2013: _____

If a student in Yadkin County:

I attend _____ school

(Please circle one):

Sex: **Male** **Female**

(Please circle one T-shirt Size):

Adult: **XL** **L** **M** **S**

Youth: **L** **M** **S**

*RACE WAIVER **MUST** BE SIGNED*

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RACE WAIVER MUST BE SIGNED!!!

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained to complete the event. I agree to abide by any decision of a race official to my ability to safely complete this run within the designated time limit. I assume all risks associated with running in this race including, but not limited to falls, contact with other participants, runners, bikers, horses and other animals, the effects of weather, including heat or cold and precipitation, traffic and the condition of the roads, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release, and will hold harmless the race organizer, all sponsors and property owners, and all the agents, employees, officers, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. **I understand that roller skates, skateboards and dogs are not allowed in this race/run/walk.**

Date: _____

_____

Signature of Entrant

_____

Signature of Parent or Guardian if under 18